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# CHART Newsletter

August 2011

## Board of Directors

**Diane Mulligan: Chairman**

**Mary Ann Mulligan: CEO**

**Dixie Van de Flier Davis, Ed.D**

**Suzanne Sell**

**Jack Penland**

**Barbara Thompson**

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### Mission Statement

Children's Help and Assistance for Residential Treatment (CHART) seeks to reduce the financial burden for families of adopted children, between the ages of 9-13, with major depressive disorders and mood disorders, who require residential treatment services by providing funding and education for families of these children.

**Joan & Bill Ardern**

**Newsletter**

**Publisher/Editor**

## CHART Events



On September 24, 2011 CHART will hold a Wine and Dine for Children with Mental Illness at The New Red Sky Restaurant, 2990 N. Swan Road, in Tucson. The fantastic dinner will be created by Steve Schultz, owner and chef of The Red Sky.

## from the desk of Mary Ann Mulligan

Earlier this month Diane Mulligan attended the North American Council on Adoptable Children's (NACAC.org) annual conference held in Denver. While there she was able to make contact with approximately 150 mental health professionals. Diane will follow up with each of them to be sure they are aware that CHART is available to help families of adopted children.

On August 24, Mary Ann will attend the Southwestern School for Behavioral Health Studies conference held at Ventana Canyon Resort in Tucson. CHART will have an exhibit table for two days of

the conference that should be heavily attended by mental healthcare professionals from Arizona.

These kinds of activities are so important to let the mental health community know that CHART is here and ready to help the families and children with whom they work.

CHART continues to have a great need for volunteers who will help with events and ticket sales, who have good ideas for fund raising projects or have contacts with the media or other organizations. We are so fortunate to have a core of wonderful volunteers

who remain supportive, are passionate, and help CHART grow. If you or someone you know is seeking an opportunity to make new friends or has a cause to fight for, please think about CHART. We have made wonderful strides thanks to our cadre of committed people working hard. If you are interested in joining us, please call Mary Ann in Tucson at 520 749 2151 or Diane in Denver at 720 273 0927.

If you live in another area, you can still help CHART by sending costume jewelry for our sale at the end of this year.

Steve was an Iron Chef contestant in Tucson earlier this year, placing second in the competition. He is well known for his use of wonderful vegetables and different pairings of them. Jason Bierlein, CSW from Valley of the Sun Fine Wines will be there to discuss how he paired the wines he chose to go with each course and explain their origin.

Entre choices include Champagne Chicken with Artichoke Hearts or Grilled Center Pork Loin Medallions. There will also be a silent auction and piano music to enjoy.

Please see flyer attached to this

newsletter. Be sure to reserve your place and bring friends to share this wonderful evening.

Tables of 10 are available if you'd like one just for your group.

CHART is also collecting costume jewelry for a sale at the end of the year (the flyer is included in your newsletter). If you have jewelry you no longer wear and don't know what to do with, CHART will be happy to accept and resell it.

If you live in Tucson, just box it up and drop it in our collection box at Mesquite Valley Growers, Speedway and Pantano, the best nursery in the Tucson area and a

CHART supporter in several ways, or call Mary Ann at 520 749 2151 and she will be glad to pick it up from you. Should you live in Colorado, you can call Diane at 720 273 0927 and she will be happy to meet with you to receive your jewelry. If you live outside of Tucson or Denver area you can mail it in a mailing box from the post office for approximately \$7 to CHART 11327 E. Concho Cr. Tucson, Az. 85749. Thank you in advance for helping us with this project. We do need to have the jewelry by October 1 so we will have time to organize our sale.

## 2011 Events Calendar:

The Tucson CHART events Calendar:

- ◇ Saturday, October 1st is the deadline for costume jewelry donations
- ◇ A special Wine Dinner to be held on Saturday, September 24th at Red Sky.

Jo Theriault, a long time and most ingenious volunteer, has a new idea for raising money, "A Costume Jewelry Sale".

Many women have costume jewelry that they no longer wear. We'd like to collect that jewelry over a period of months and sell it a "garage type sale".

If you would ask family members and friends to look through their jewelry and send it to CHART, it will really help our sale and also expand the number of people who know that CHART is available to help families

with adopted children find the treatments they so desperately need.

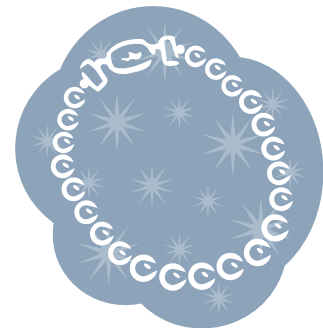
When CHART receives the jewelry, the donor will get a receipt to use for a deduction on next year's tax return.

It should be fairly easy to mail the jewelry to CHART using the one price mailing boxes available at the post office. Please mail your jewelry to: Mary Ann Mulligan, CHART, 11327 E. Concho Cr. Tucson, Arizona 85749 and your receipt will be in the return mail.

Those who live in Tucson can call me at 520-749-2151 and I'll be happy to pick up the jewelry at your home and give you the receipt.

If you have questions, please email me at [maryannchart@msn.com](mailto:maryannchart@msn.com) or call me at 520-749-2151.

To meet our deadline for this special event, please send in your costume jewelry by Saturday, October 1<sup>st</sup>. Thanks for taking the time to go through your jewelry and please pass the word along to your friends about this event.



## CHART Reaches Five Years



CHART has reached a new milestone. Five years ago, in August of 2006, we held our first board meeting.

The first year and a half were spent developing administrative items, such as a name, logo, mission statement, bylaws etc.

The Adoption Exchange took CHART under its wing and allowed us to begin fund raising while we waited for our own 501 (c)3 designation from the IRS.

We are forever grateful to Dixie Davis, Executive Director of The Adoption Exchange, and her staff for giving our fledgling organization the support we needed to get off the ground. Over the past five years CHART has raised nearly \$50,000 to help adopted children with mental illness and their families find the care they need.

*Congratulations*

*to CHART for Five Years of service and good luck for another five years!!!*

**Learn more about CHART and become a volunteer. Contact Mary Ann Mulligan at 749-2151**

## Phillips Family Repays CHART

Last November, 2010, CHART worked with a wonderful family from Colorado whose 13 year old daughter was having a very difficult time and needed to be treated in a residential treatment facility. Even though the family had insurance, the insurance company declined to cover the care she so desperately needed. CHART was able to give the family a grant of \$3,000 to help pay for their daughter's care. Thankfully, Joylyn is doing very well and there is great hope she will be able to have a wonderful life.

In March of 2011, I received a letter from Mrs. Phillips telling me that after several discussions and appeals, their insurance company finally agreed to pay for Joylyn's care in the residential treatment facility. The Phillips family decided to repay CHART the \$3,000 from the insurance proceeds so that other families could be helped in the same way they were. What a wonderful gesture from a family with such a monumental problem!

The Phillips are a special family who represent the kind of people that CHART helps every day. Not only have they taken a child into their home and

family to love and cherish, but they care for the child as their own, no matter how difficult the challenges are and they still have the compassion to think about others in similar circumstances and how they might help them.

To the entire Phillips family a big THANK YOU FROM CHART for thinking of others.

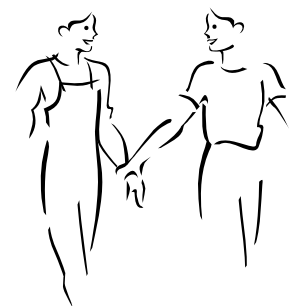


## Volunteer Highlights:

This year we've made more strides in becoming a more organized charity. Carol Griffin, a volunteer from Denver with fantastic experience working for charitable organizations, has taken all of our donor information and event information and put it into a format that can now be used to take us to a whole new

level using professional software that will allow CHART to analyze how and where to raise funds on an ongoing basis. This type of information and the ability to manipulate it will be invaluable as we go forward planning new ways to grow CHART. This was a huge task as Carol has double

checked all the information from the last five years to be sure there were no duplicates and it was all correct. We appreciate everything she has done. What a great job, Carol! Thank you so much!! If you want to become a CHART volunteer, please contact us at 749-2151





[www.chartrtc.org](http://www.chartrtc.org)

## **CHART**

**Children's Help and Assistance for Residential Treatment, Inc.**

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E-mail: [maryannchart@msn.com](mailto:maryannchart@msn.com)**

### **Wish List:**

- **Volunteers who like to do marketing and sales**
- **Sponsors for events**
- **Outreach opportunities**
- **Donations to cover postage**
- **Reams of copy paper**



**Happy Fall**

**WE'RE ON THE WEB**

**[WWW.CHARTRTC.ORG](http://WWW.CHARTRTC.ORG)**